



S.M.A.R.T GOAL SETTING

My Fuzzy Vision: (5/10 years time)

SMART GOAL:

Specific & stretching:

Measurable:

How will I know when I have achieved this?

Authentic:

Which one of my value/values is fulfilled by this?

Realistic:

Time-framed:

By when?

Rating of commitment:

1 2 3 4 5 6 7 8 9 10

Rating of confidence:

1 2 3 4 5 6 7 8 9 10