



**Dr. Rochelle Brunton**  
**Psychologist**  
**D.App.Ed. Psych, M. Org. Psych, PgD Psych, BA (Psych)**

Dr. Rochelle Brunton is a UK trained Educational Psychologist who has spent over 12 years working with approximately 90 organisations and educational settings in England, Australia and Japan. Rochelle has provided psychology services to schools, colleges, universities, local authorities and communities through training, consultation, and psychological assessments related to the learning, development, emotional and mental health needs of staff, outside agencies and students. Rochelle has a warm, friendly and person-centred approach.

Rochelle has provided workshops on developing resilience in children and young people, emotion coaching, restorative approaches, attachment theory, precision teaching, applied positive psychology interventions, Autism Spectrum Conditions, anxiety management and strength-based approaches. Rochelle has developed and delivered wellbeing interventions and workshops supporting people to develop a toolbox of practical evidence-based strategies to improve an individual's ability to deal with change, challenges and adversity. Rochelle has worked with children and adults providing coaching and psycho-education in resilience building using evidence-based interventions.

Rochelle's organisational work has included using PATH, a strength-based creative planning tool with school teams, families and organisations. Creating PATHs enables a shared vision within the group of a positive future and increased confidence and motivation in goal attainment. Rochelle has a special interest in working with neurodivergent individuals to help them realise their strengths and potential.

Rochelle is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements in schools, the corporate sector and the community.