



Leanne Camilleri

Master of Applied Positive Psychology (MAPP)

Leanne is a Positive Psychology Practitioner and Graduate of the Masters of Applied Positive Psychology from the Centre for Wellbeing Science, University of Melbourne. As a scientist-practitioner, Leanne uses evidence-based tools and interventions to support and meet her client's needs

As a passionate organisational wellbeing specialist and coach, Leanne is focused on bringing out the best in others by equipping individuals and workplaces with evidence-based tools and strategies to mindfully manage stress, improve resilience and wellbeing.

With a depth of experience working with a diverse range of clients from education and healthcare to financial services, shipbuilding and defence, Leanne has introduced wellbeing programs that help leaders and employees to manage multiple challenges in the workplace. Leanne's approach focuses on mindfulness-based interventions that promote diversity and inclusion in the workplace.

Leanne is a compassionate connector and a relationship builder who lives by the motto "other people matter". Her personal and professional goal is to shine a light on pathways of possibility - to empower people with evidence-based interventions that support autonomous choices towards the outcomes that matter most.

Leanne is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements in the corporate sector, not-for-profit sector and the community. Leanne is a member of the International Positive Psychology Association (IPPA) and the Positive Educations Schools Association (PESA).