



Beck Henshall

Consulting & Coaching Psychologist

BSc (Psych/HRM), PGDipEdPsy, PGDipOrgDyn, GCertBusMgt, MAPS

Beck Henshall is a consulting and coaching psychologist and trainer with over 20 years in leadership and consultancy. Beck holds qualifications in business administration, educational psychology and organisation dynamics. Beck is a member of the Australian Psychological Society.

Beck is regularly engaged to work with organisations to develop their leaders and teams, with a special interest in developing leader's capability and improving resilience and wellbeing in the workplace. She works with all levels of an organisation from emerging to seasoned leaders and sees the positive impact leaders can make when engaged in their own development practices. Beck is often involved in the following areas of leadership coaching: leadership style and approach, leading change, communication and influence, mental health, resilience and wellbeing, career transition, and developing teams.

Beck is sought after for team workshops due to her ability to assist organisations and teams to discuss the issues that can prevent teams from achieving strong performance. She inspires trust, builds emotional intelligence, and facilitates courageous conversations that lead to improved teamwork and organisational outcomes. In the learning and development space, Beck regularly facilitates virtual and onsite training in leadership programs, leading and working with change, mental health, resilience and wellbeing, and performance development. Beck consults to a range of public and private organisations across sectors such as, Local and State Government, Parliament, Health, Aged Care, Telecommunications, Manufacturing, Education, 'Not For Profit's and SME's.

Beck is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements in the corporate sector. Beck is accredited in the following psychometric tools: GLWS, MBTI, DiSC, TMS, LSI/ GSI, HBDI, Hogan Leadership Series.