



**Paul Saunders**

**Registered Psychologist and Executive Coach**

**Masters of Science (Neuro-leadership), Grad Diploma in Applied Psychology,  
B.A. in Psychology and Law. Member of the Australian Psychological Society**

Paul is a registered psychologist who works in the business world delivering executive coaching and professional development programs. With over twenty years' experience Paul is highly regarded in the field of executive coaching, strategic change management, cultural change and leadership team development. He works with leaders and their teams equipping them with the skills and knowledge to improve performance, be innovative, and grow their business.

Paul has been engaged in executive coaching and facilitated several cultural change management and leadership development programs for a variety of companies and government organisations. From the Agricultural industry (Kagome - Japanese company & HQPlantations); CSIRO; Construction (CSR, Arcadis, McConnell Dowell), Energy (Origin, SP Ausnet), Logistics/Engineering (Asciano & Jacobs) and the mining industry (BHP); The Health Sector (Queensland and South Australia Health departments); FMCG's (Asahi, Coles, Fosters); Franchise industry (Dominos, Hotondo, PoolWerx); Financial organisations (ANZ and NAB); Justice Department and Legal firms (Maurice Blackburn); Pharmaceutical Industry (API – Priceline); Sports industry (AFL clubs Hawthorn and Western Bulldogs); and the Telecommunication industry (Telstra).

Paul's background in neuroscience and leadership has helped him develop new methods for executives to manage stress, build resilience and achieve sustainable high performance.

Paul is accredited in a variety of assessment tools: CPI, Hogan profile and 360; The OPQ and 360; Web-Neuro cognitive assessment; HBDI, 16PF, Watson Glasser Critical Thinking Assessment; Myer Briggs personality profile; and the Belbin Team Profile. Paul is a Senior Associate with the Melbourne Business School, Melbourne University and is an active Member of the Australian Psychological Society.

Paul is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements in the corporate sector and the community.