



Matthew Robinson
BA, BSoc Sci(Hons), MTeach, MsCoachPsych
Senior Associate, The Positivity Institute

Matt holds an Honours degree in Social Science majoring in Psychology, a Masters in Teaching and a Masters in Coaching Psychology with professional experience as a classroom teacher, a school counsellor, a performance consultant and a developmental coach working with schools, high performance sporting teams, the private sector and NFP's. Matt's successful career has spanned 20 years in these same industries. Matthew has made the growth and enhancement of individuals and teams his life's work.

Matthew has been closely involved in the design and delivery of a systemic, team-based, developmental intervention with year 9 students through his work at The Helmsman Project. This intervention was originally designed to foster hope, resilience and self-efficacy in these students, and has now been expanded to include a focus on team building and leadership skills. Matthew has been instrumental in the expansion of this program to include these new elements.

At the same time, Matthew established Australia's first Esports focused performance coaching consultancy. In this role he has worked closely with two of Australia's most successful Esports Organisations, Avant Garde and Legacy Esports, which is owned by the Adelaide Crows. His work with these organisations involved both one-on-one and systemic team coaching modalities to build team communication, cohesion and overall performance.

As well as being an effective one-on-one coach, Matthew's work with the Helmsman Project and Esports organisations has allowed him to develop a unique and effective team coaching model. Matthew is keen to foster the development of team building and leadership coaching models specifically in educational contexts.

As a founding member of a supervision group, established by alumni of the Masters of Coaching, Matthew regularly works closely with psychologists, coaches, members of the finance sector and representatives from organisations like KPMG and Rio Tinto to support and maintain his coaching practice.

Matt is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements in schools.