



## **Lucinda Gannon**

**M Org Psych, Post Grad Dip (Psychology), BA, registered psychologist**

Lucinda is a registered Organisational Psychologist with over 15 years corporate experience in Melbourne and Sydney. Lucinda has spent 8 years working as a Senior Consultant in an in-house Organisational Development team for a global technology and innovation company. Her focus was to address issues of culture, climate, morale and engagement and to support development of a high performing culture which supported business performance.

Projects have included workshop design and facilitation on specific Positive Psychology topics to help Managers and Executives embed new behaviours in their work. Topics included VIA Signature Strengths, Mindset, positive emotions and positive relationships, Learned Optimism, Energy and Attention and Mindfulness Meditation.

Lucinda is more recently working in coaching and counselling psychology. She specialises in individual therapy and coaching using solution focused, CBT, ACT and Positive Psychology methodologies in both private practice and an EAP setting.

Lucinda has a Master's degree in Organisational Psychology and holds accreditation and experience in quantitative psychiatric assessments (SHL products, MSCEIT, MTQ48, ACT) Qualitative change techniques (Appreciative Inquiry, Most Significant Change) and organisational culture and change diagnostics.

Lucinda is engaged as a Senior Associate of The Positivity Institute, working closely with Dr Suzy Green on applied positive psychology and evidence-based coaching engagements for the corporate sector.