



Debra Close
Senior Associate
Master of Applied Science (Coaching Psychology), University of Sydney

Debra holds a Masters in Applied Science Coaching Psychology and is an experienced Executive and Leadership Coach and Workshop Facilitator. Her mission is to help individuals, teams and organisations to be the best versions of themselves. Human flourishing is at the heart of Debra's approach, the key enabler for high levels of performance and resilience. She helps clients to deeply understand themselves and use their strengths and talents in the service of meaningful goals, while avoiding burnout. Debra applies insights and cutting-edge practices from the sciences of Positive Psychology and Coaching Psychology; these explore the experiences, characteristics and methods that enable individuals to pursue goals, flourish and excel.

With a strong interest in women and the unique challenges they face in organisations and in juggling work and life, she co-founded Flourishing Works, a boutique coaching consultancy collaborating with organisations to support female leaders and their teams to achieve sustained strong performance, resilience and wellbeing. She is a Foundation Coach with FlexCareers, who champion flexible working in Australasia and support progressive organisations with "Relaunchships" and return to work programs for talented women.

Debra's coaching is informed by her long-standing corporate career in marketing and leadership. She has led and coached teams across a range of blue-chip organisations in the financial services, pharmaceutical and events sectors.

Deb is accredited in the Leadership Effectiveness Analysis (LEA), Strengths Profile, Mental Toughness Questionnaire (MTQPlus), Global Leadership and Wellbeing Survey (GLWS). She also holds professional memberships with the International Society for Coaching Psychology, International Positive Psychology Association (IPPA) and the Career Development Association of Australia (CDAA).

Debra is a Senior Associate of the Positivity Institute, working closely with Dr Suzy Green. She develops and delivers organisational coaching and positive psychology programs for individuals and teams focusing on the resilience, achievement or wellbeing pathways to flourishing. She coaches individuals in organisational leadership development programs.